

The following instructions will answer most questions that may arise regarding the “do’s and don’t’s” after surgery. You and your family should read them several times so that you become thoroughly familiar with them. Attempt to follow them faithfully – those who do so generally have the smoothest postoperative course; this, of course, favors proper healing.

1. At the conclusion of the otoplasty a bulky dressing is applied. It will feel tight. Leave this dressing in place until we remove it three days after surgery.
2. To help minimize swelling, the head of your bed should be elevated 30–40 degrees for one week after surgery.
3. There is usually no pain following an otoplasty, but if you do experience discomfort you may take Tylenol or the prescription pain medication that you have been given.
4. After the dressing is removed, the ears may appear to look “pinned back”. They will move slightly outward with time.
5. You may gently wash your hair after the dressing is removed.
6. The sutures behind your ear(s) will dissolve by themselves.

If any other questions arise or anything should develop that you are uncertain about, do not hesitate to telephone us at anytime at 415-392-9800.

Please make every attempt to keep your post operative appointments, since it is vitally important that we monitor your healing.